



CLARE PRIORY

Tuesday 18th February 2020

Silent Prayer: Our connection with ourselves, our Community, and the World

We will be reflecting on our relationship with ourselves, others, and God and how silent prayer connects us in all these areas of our lives.

The day will be led by Chris Gent, who has experience of over 35 years working in a range of settings in social care, and who has given talks previously on silent prayer at Clare Priory.

10.30 - 3.00

Mass at 10.00

All are welcome – newcomers, and those experienced in the practice of silent prayer or meditation as it is often known.

Please bring a packed lunch, refreshments provided

Pre booking would be appreciated,
but you are also welcome to just arrive on the day

Donations for the work of the Priory

Bookings: Contact Kathy 01787 277326

Email: clarepriory@clarepriory.net

www.clarepriory.org.uk